



CITY OF LOS ANGELES
DEPARTMENT OF RECREATION & PARKS

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Citywide Aquatics Division

Principal Recreation Supervisor I

Trish Delgado

Aquatic Director

Andre Brent

If you have a concern or a complaint about the facility or programs, please feel free to speak to the manager or contact the Citywide Aquatics Office at:

3401 Riverside Drive
 L.A., CA 90027
 (323) 906-7953

citywide.aquatics@lacity.org

Revised: 5/24/16

CITY OF LOS ANGELES
DEPARTMENT OF RECREATION AND PARKS
CITYWIDE AQUATICS DIVISION

OLGUIN
SWIMMING POOL

3210 S. Alma Street
 San Pedro, CA 90731
 (818) 744 – 8622

SUMMER 2016
POOL HOURS

Times subject to change without notice

June 11, OPENING DAY

Saturday..... 1:00 p.m. - 5:00 p.m.

June 12 – June 18

Monday – Friday 1:00 p.m. - 5:00 p.m.
 Saturday & Sunday 1:00 p.m. - 5:00 p.m.

June 19 – August 14

Recreational Swim

Monday – Friday 2:00 p.m. - 4:00 p.m.
 Saturday & Sunday 1:00 p.m. - 5:00 p.m.

Adult Lap Swim

Monday – Friday 11:00 a.m. - 2:00 p.m.
 Limited Lanes 4:00 p.m. - 5:00 p.m.
 Saturday & Sunday 1:00 p.m. - 5:00 p.m.

Pool Closed Monday, 4th of July

Class Registration Begins Sunday, June 12, 2016 at 10am



www.LAPARKS.org

Persons with disabilities are welcome to participate in programs and classes. Reasonable accommodations will be provided upon request. To ensure availability, you are advised to make your request at least 72 hours prior to the program or class you wish to participate in.

AQUATIC FACILITY INFORMATION, FEES, AND RULES

ADMISSION FEES	
ADULTS (18 – 64 YRS OLD)	\$3.50
YOUTH (0 – 17 YRS OLD)	\$1.00
SENIORS (65 & UP YRS OLD)	\$1.00
Persons with Disabilities (All ages)	\$1.00
Youth Summer Swim Pass - \$10.00 (From June 11 – September 5, Labor Day)	

PASSES AVAILABLE
Adult Lap Pass - \$87.50 (30 Entries)
Admission Pass - \$25.00 (30 Entries) (Youth, Senior, Persons w Disabilities)

SCHOLARSHIPS

The **LA84 Foundation** (a legacy of the 1984 Olympic Games) has provided a limited number of team sports sponsorships for community youth between 7 and 17 years of age. Sponsorships are issued on a first-come-first-served basis for **NOVICE SWIMMING TEAM ONLY. One scholarship per participant, per family.**



SPONSORSHIPS

The City of Los Angeles Department of Recreation and Parks is proud to announce a joint-partnership with Kaiser Permanente.

Kaiser Permanente Sponsorships for **Junior Lifeguards Program** available on a first come, first serve basis. **One sponsorship per participant, per family.**



POOL RULES

For the safety of the public and pool employees, the City of Los Angeles has set the following rules to create a safe swimming environment for all patrons. Staff interpretations of rules are *final*.

- Children under 7 years of age must be accompanied by an adult on a one-to-one ratio. The adult must be within one arm's length of the child at all times.
- Children under 4 years of age must wear an approved "swim diaper."
- All swimmers must wear proper swim attire to be allowed into the pool.
- Proper swim attire includes a swimsuit or swim trunks with liner (except board shorts). No cotton shirts, socks, or undergarments are allowed into the water.
- White t-shirt or white rash-guards are not allowed in the pool area.
- All patrons must take a soap shower before entering the pool.
- Patrons wishing to swim in the deep water section of the pool will be asked to complete a swim test to assess for swimming proficiency.
- Do not interfere with a lifeguard rescue or call for help unless in distress.



PLEASE SEE STAFF TO REQUEST ASSISTANCE

IT IS THE POLICY OF THE CITY OF LOS ANGELES TO PROVIDE ACCESS TO ITS PROGRAMS, SERVICES, AND ACTIVITIES FOR PERSONS WITH DISABILITIES IN ACCORDANCE WITH TITLE II OF THE AMERICANS WITH DISABILITIES.

ES LA POLÍTICA DEL AYUNTAMIENTO DE LOS ANGELES EL PROVEER ACCESO A SUS PROGRAMAS, SERVICIOS Y ACTIVIDADES A PERSONAS CON DISCAPACIDAD, DE ACUERDO CON EL ARTÍCULO II DE LA LEY PARA ESTADOUNIDENSES CON DISCAPACIDAD.

JOIN OUR TEAMS

NOVICE TEAM SPORTS AGES (7-17)

Team Sports and Junior Lifeguard Registration Opens Sunday, June 12 2016 at 10am

Registration: \$45.00 for one team, \$40.00 for each additional team

Designed for entry-level competitors. Proof of age required. Age verification must be completed before the first meet, or the participant will not be allowed to compete. Participants compete in a Department-sponsored Swimming league. Participants must demonstrate an intermediate level swimming competency. All meet times and locations will be announced. Fees include a t-shirt and awards. A team sport awards banquet is scheduled for the last week of summer. Athletes who compete in two or more meets and/or sports will receive a combined participation award.

SPRINGBOARD DIVING TEAM

Length of Season June 20 – August 12
Workouts..... Monday - Friday, 12:00 p.m. – 1:00 p.m.

SWIMMING

Length of Season..... June 20 – August 12
Workouts..... Monday - Friday, 4:00 p.m. – 5:00 p.m.
*Swim team members must attend a minimum of 2 workouts per week to compete in swim meets

JUNIOR LIFEGUARD PROGRAM - \$40.00

Length of Season June 20 – August 12
Trainings Monday - Friday, 1:00 – 2:00pm

The Junior Guard program allows youths between **10-17 years** of age an opportunity to improve their swimming skills, receive a basic understanding of water rescue, first aid, beginning and intermediate snorkeling skills and canoeing skills. The cost of the program will include one Junior Lifeguard T-shirt, bus transportation to selected events, materials, and instruction. This program is not eligible for a two-team discount rate. **Program limited to 20 participants. This program is not eligible for an additional team discount. Check with pool clerk for last day to register.**

PRIVATE & SEMI-PRIVATE LESSONS

(Inquire with Pool Clerk or Manager for Scheduling)

Private & Semi-Private lessons provide personalized instruction to adults and youth ages 4 and older. Lessons are 25 minutes in length. Lesson schedule is based on staff availability. Registration rules apply and participants must register for a minimum of four lessons.

PRIVATE LESSONS

Adult, Child, Senior, Adaptive

1 private lesson: \$27.00, 4 private lessons = \$108.00

SEMI-PRIVATE LESSONS (2 Students Only)

Adult, Child, Senior, Adaptive

\$20.00 per lesson per student x 2 students = \$40.00
4 lessons = \$160.00

LEARN TO SWIM

LESSON REGISTRATION

- Pre-registration for the following session begins on the **Saturday** after the end of the prior session.
- No telephone registration.
- Fees must be paid at the time of registration.
NO EXCEPTIONS.

YOUTH - \$40.00 ADULT - \$50.00

- Make checks payable to:
L.A. City Department of Recreation and Parks
- No refunds unless a session is canceled.
- Lessons are 25 minutes in length.
- All refunds will be assessed an administration fee.
- Swim instruction will be given from the pool deck.
- A swim assessment may be required prior to registration.

GROUP LESSONS CATEGORIES & REQUIREMENT

Preschool Aquatics: 4 yrs. – 6 yrs. **Children:** 7 yrs. – 17 yrs. **Adult:** 18 & older

Preschool Aquatics – Children must be accompanied by an adult. Parent and child are introduced to basic water safety in a comfortable environment.

Water Confidence (Level 1) – Introduction to water safety and water acclimation. Buoyancy in water and basic skills will be taught. Kicking, breathing, and alternate arm action techniques are introduced as well as entering and exiting pool on own.

Beginner (Level 2) – Learn safety skills including floats and treading water, and progressive skills leading to front crawl including combined arm and leg action.

Advanced Beginner (Level 3) – Learn dolphin and scissor kicks, rotary breathing, and progressive skills leading to diving, front crawl and elementary backstroke.

Intermediate (Level 4) – Refine crawl and elementary backstroke. Introduction to back crawl, breaststroke, sidestroke and butterfly. Turns and surface dives introduced.

Swimmer (Level 5) – Refine strokes and improve conditioning. Learn additional aquatic skills such as surface dives, flip turns, and improve diving into the pool.

YOUTH LESSONS

Intermediate..... Mon. – Fri..... 11:05 a.m. - 11:30 a.m.
Adv. Beginner Mon. – Fri..... 11:05 a.m. - 11:30 a.m.
Beginner Mon. – Fri..... 11:35 a.m. - 12:00 p.m.
Water Confidence.. Mon. – Fri. 11:35 a.m. - 12:00 p.m.
Beginner Mon. – Fri..... 12:05 p.m. - 12:30 p.m.
Adv. Beginner Mon. – Fri. 12:05 p.m. - 12:30 p.m.
Water Confidence Mon. – Fri..... 12:35 p.m. - 1:00 p.m.
Parent/Child..... Mon. – Fri..... 12:35 p.m. - 1:00 p.m.

GROUP LESSONS

MONDAY THROUGH FRIDAY

10 Lessons/2 Weeks - **YOUTH \$40.00**

Session # 1 June 20 - July 01
Session # 2 July 04 - July 15
Session # 3 July 18 - July 29
Session # 4 Aug 1 - Aug 12

The classes and programs in this brochure may be subject to cancellation